



# **NC Department of Health and Human Services NC Nurse Aide I Curriculum**

## **Module P Family Support**

**July 2024**

# Objectives

1. Describe the importance of family and family support to the resident
2. List measures the nurse aide can do to support family members of residents

# Family

A group of people related by blood, marriage or feeling of closeness



# Family Support

Encouragement, assurance and sense of connection for the resident by blood relatives or groups of individuals close to the resident



# Family Support - Importance

- Gives sense of connection
- Helps with difficult decisions
- Gives assurance
- Offers support and encouragement



## Family Support – Importance

- Helps meet needs such as safety, security, love and belonging
- Decreases loneliness
- Provides comfort, support, familial contact, mental stimulation, and reasons to live



# The Nurse Aide's Role in Family Support

- Orient family to facility and how it works
- Learn and use names
- Get to know family
- Learn family routines
- Value culture and family traditions





# The Nurse Aide's Role in Family Support

- Create a positive and trusting relationship
- Support family role
- Communicate
- Be respectful and kind
- Encourage expressions of emotions





# The Nurse Aide's Role in Family Support

- Reassure family
- Provide explanations and refer to supervisor when necessary
- Honor family wishes if possible
- Allow time for privacy during visits
- Permit family to assist with care if resident agrees



# The Nurse Aide's Role in Family Support

- Encourage family to assist with feeding or dining if safe and resident does not object
- Encourage family to bring special foods or beverages for resident, if allowed



# The Nurse Aide's Role in Family Support

- Use tact with complaints and requests that cannot be honored
- Avoid involvement in family affairs
- Be sensitive when asking family to leave resident's room



# The Nurse Aide's Role in Family Support

- After the family visit, observe effects on the resident
- Report any negative effects



# Family Support – Remember

Friends or neighbors may act as family members



# Family Support – Remember

A resident's family may not look like the nurse aide's definition of a family





# **The End**